

**2016 FIRESIDE THEATRE**

**ALL FIRESIDE TOURS INCLUDE:** Escort, motor coach, Fireside luncheon, tax, tip, and all admissions. For Fireside performances ~ Depart: Cedarburg Senior Center at 8:30 a.m. Return: 6:00 pm **COST: \$90 pp**

**FIRESIDE ~ MILLION DOLLAR QUARTET SEPTEMBER 8, 2016**

This Tony Award Winning musical is set on December 4, 1956. It features an incredible score of rock 'n' roll, gospel, R&B and country hits, performed live onstage by world-class actors and musicians. Relive the night inside the recording studio that Johnny Cash, Jerry Lee Lewis, Carl Perkins and Elvis Presley got together for one of the greatest jam sessions ever. **PAYMENT DUE: at signup**

**FIRESIDE ~ CHRISTIAN CONCERT COLLINGSWORTH FAMILY FRIDAY, OCTOBER 7**

Excitement, spiritual anointing, family-emphasis, and musical excellence are what you can expect to find when you attend a performance by The Collingsworth Family. Don't miss this inspiring performance by the entire Collingsworth family. **Cost: \$72 pp DUE: at signup Depart: Cedarburg Senior Center at 8:30 am Return: 5:15 pm**

**A FIRESIDE CHRISTMAS "a new edition"~ DECEMBER 8, 2016**

Return to the tradition that has made The Fireside the number one choice for Christmas entertainment. Rekindle the true Christmas spirit through traditional and original songs, stories and dance. A new show with gorgeous costumes, sets, songs and dancing. **PAYMENT DUE: 10/27/2016**

**2017 FIRESIDE THEATRE**

<b>Mama Mia</b>	<b>Thur Jan 19</b>
<b>Beauty and the Beast</b>	<b>Wed March 8</b>
<b>South Pacific</b>	<b>Thur May 4</b>
<b>Back to the 50's with Steve Watt's Band</b>	<b>Wed June 28</b>
<b>Church Basement Ladies</b>	<b>Thur Aug 10</b>
<b>Elvis Lives</b>	<b>Thur Sept 7</b>
<b>Miracle on 34<sup>th</sup> Street</b>	<b>Thur Nov 16 &amp; Wed. Dec. 13</b>

**A DAY OF FUN WITH A MYSTERY DESTINATION****OCTOBER 11, 2016 MYSTERY TRIP**

**WHERE? THAT'S FOR US TO KNOW AND YOU TO FIND OUT** Depart: 8:15 a.m. Return: 5:30 p.m.  
**TOUR INCLUDES:** escort, deluxe motor coach, lunch, all admissions & gratuities. **Cost: \$75pp PAYMENT DUE: at signup**

**Festival City Symphony at The Pabst Theater Milwaukee****Symphony Sundays ~ Classical Music for all ages****"Music for the Birds," Sunday, October 2, 2016**

We begin our season with a program inspired by our feathered friends featuring a suite from Tchaikovsky's great ballet "Swan Lake." Ottorino Respighi wrote his delightfully descriptive suite "The Birds" based on earlier works by Baroque composers. We'll also play two overtures, Rossini's spritely "Overture to The Thieving Magpie" and Johann Strauss's "Overture to Die Fledermaus." **TOUR INCLUDES:** Admission to the symphony at the Pabst Theater, small motor coach transportation. **Depart: 1:45 p.m. Return: 5:30 p.m. PRICE PER PERSON: \$28**

**PAYMENT DUE: at signup** **NO ESCORT WILL ACCOMPANY THE GROUP**

**ONE-DAY GETAWAY TO HO CHUNK CASINO Friday, November 4th, 2016**

Ho Chunk Casino is located in Baraboo, WI approximately two hours from Milwaukee. Ho Chunk has added a poker room and a bar/lounge area plus over 1,000 new machines – even penny slots! **COST : \$33 per person INCLUDES:** Deluxe motor coach transportation \$25 in credits on your player's club card at the machines **Depart: 8:30am Return: 7:30 pm approx.**

**Travel Presentation ~ Mayflower Tours Wed. Sept. 28, 2016 at 10:30 am****Rhine & Mosel River Cruise departing September 21, 2017****2 for 1 Airfare or Solo Travelers Free Airfare**

**11 DAYS • 23 MEALS** Enjoy a relaxing and inspiring cruise on the romantic Rhine, Europe's longest river. We travel onboard our brand new exclusively chartered ship. Visit iconic ports of call, sample incredible cuisine, and absorb the local atmosphere. Refreshments served.

**THE LINCOLN ADDRESS**

September/October 2016

**Cedarburg Senior Center**

\*P.O. Box 49 \* W63 N643 Washington Ave. \* Cedarburg, WI 53012

\*Phone: 262-375-7644 \* www.ci.cedarburg.wi.us

Senior Center Director: Carol LaFontaine

Senior Center Supervisor: Aubrey Suppiger

Center Hours: Monday-Friday 9:00 am-4:00 pm

Van Service Available: Hours for telephone reservations are 9:00 am - 4:00 pm Mon-Fri

**FREE POWER OF ATTORNEY ADVICE**

October 12, 2016 9am-12:00pm

**Cedarburg Senior Center**

For anyone 55+ or those with a disability determination. An opportunity to meet individually with an Ozaukee County Bar Association Attorney to create your personalized Power of Attorney for Health Care. Completing a Power of Attorney allows a person to choose the individual he/she would want to make medical decisions in the event that the person is unable to make them for him/herself. In Wisconsin, spouses and children do not automatically have this authority. Completed Power of Attorney documents can help families avoid costly and time-consuming court proceedings.

\*Appointments scheduled on the 1/2 hour.

Call Human Services at 262-284-8200 or 262-238-8200

**FRIDAY OCTOBER 14****PARTY & NOON LUNCH 11:00 am - 1:00 pm****Musical entertainment by Kathleen Jacoby on the accordion**

There will be music, root beer floats and a German themed dinner. A \$4.00 donation is requested for the meal. **RESERVATIONS NECESSARY ~ Call Debbi at 483-2876 or Senior Center office at 375-7644.**

**Corliss Phillabaum Emeritus Professor of Theatre at the****University of Wisconsin Milwaukee****Thursdays, October 13 - November 17, 1-3 pm****SOME OPERAS FROM OTHER COUNTRIES THE RISE OF NATIONAL OPERA**

Opera originated in Italy at the very end of the 16<sup>th</sup> Century and quickly spread to other parts of Europe. A distinctive French form of musical theatre soon emerged, while opera in German didn't appear until the latter part of the 18<sup>th</sup> Century. From the 19<sup>th</sup> Century until the present day these three national forms have dominated the operatic repertory throughout much of the world.

Other countries began to develop their own distinctive forms as a response to the dominance of Italian, French and German works. In this series we will look at a sampling of works from some of those "other" countries. We will consider works by Tchaikovsky and Mussorgsky (Russian), Smetana, Dvorak and Janacek (Czech), Nielsen (Danish), Moniuszko (Polish), Erkel (Hungarian), and Delius (from that "land without music", England).

As always, video selections from all operas will be shown.

**Cost: \$25 Resident \$30 Non-Resident****Meet the new Senior Center Supervisor****My name is Aubrey Suppiger**

and I, my husband, 6 year-old son and two cats, live in the Port-Grafton area. We relocated here 3 years ago from Kalamazoo, Michigan, and absolutely love Wisconsin! I have been a stay-at-home mom since having our son, but prior to that I served in several positions in both human services and finance.. As our son embarks on a

new journey with kindergarten this fall, I too am ready to take on a new role. I feel very excited and honored to be part of the Cedarburg Senior Center! Carol has been showing me the ropes and has made me feel most welcome. Even though I am not a Cedarburg resident, my family and I often frequent downtown Cedarburg -- feel free to say "hello" if you see me around (just look for the red-head with a coffee in hand). I know that I have big shoes to fill with regards to replacing Sharon; thus, I look forward to meeting you all and receiving feedback as to how we can continue to make the Senior Center a fun and welcoming environment! See you soon!



### THE COFFEE'S ON ME

Greg Michaels, Financial Advisor with Edward Jones invites you to join us at the Cedarburg Senior Center. Greg will talk about current economic conditions and answer questions. No charge for the program. Refreshments served. Please join us.

**SEPTEMBER 7, 10:30 AM** Adele Lund from Laureate Group will be speaking on "Valuing the Stories of Our Lives" Stories of our past are invaluable and can be lost too easily. So what's the real value of sharing your life stories with family? Where do you start? Join us to reminisce, reflect and walk away with a greater appreciation for the life you've lived.

**OCTOBER 5, 10:30 AM** Recipe for AGING WELL, with an emphasis on exercise and its many benefits. In planning for your future years, there are well documented areas of wellness that if incorporated in one's daily life will create better years ahead. More and more research is showing how by doing some sort of aerobic exercise, whether that be gardening, walking, swimming, biking, or dance, that gray matter expands in the brain. Many researchers are suspecting that the increase in cognitive decline could be a result of our sedentary lifestyle. This research, plus more, will be explained in more detail by Jan Braby, retired Information and Assistance Specialist at the Ozaukee County Aging and Disability Resource Center, and Janis Gralewski, both instructors for Cedarburg's Fitness with Focus exercise program.



### AARP SAFE DRIVING COURSE

**SEPTEMBER 14, 2016 8:30 am~12:30 pm**  
**CEDARBURG SENIOR CENTER**

Take the AARP Smart Driver Course -the nation's largest driver safety course especially for drivers age 50 and older. Learn the current rules of the road, defensive driving techniques, and how to operate your vehicle more safely in today's increasingly challenging driving environment. You may be eligible to receive a multi-year auto insurance discount upon completing the course (consult your insurance agent for details). The classroom course costs \$15 for AARP members and \$20 for non-members. Space is limited. Register now by calling 375-7644.

### CEDARBURG SENIOR CENTER CHORUS

The Cedarburg Senior Center Chorus led by Gretel Pitre meets every Monday at 12:30 pm. Join the chorus and learn new songs, perform for other groups and have a great time.



### FITNESS WITH FOCUS

A program to enhance body and brain capabilities with movement. Certified fitness instructor, Janis Gralewski, Jan Braby and Linda Short will lead you through a dynamic routine to enhance body and brain capabilities with movement and mental challenges. Functional fitness moves using strength training, flexibility, balance and movement to music. Brain exercises are done to challenge memory and creativity. All ability levels welcome. **Discount punch cards available or pay \$3 per session.**

**RESUMES Tuesday, Sept. 13**  
**Tuesdays and Thursdays at 10:30 am in the Cedarburg Community Gym**

### TENNIS 60+

**9:00AM to 11:00 AM FRIDAYS**  
**Play doubles tennis with other adults 60+**

- ♦ Play at ZEUNERT PARK courts through Oct.
- ♦ Call the Senior Center office with questions and updates.

*Erin Callahan Blum*  
watercolor artist

### GARDEN PRODUCE IN WATERCOLOR

Bring produce from the Farmer's Market or home garden to create a painting in watercolor **WEDNESDAYS, 1-3 p.m.**

**OCTOBER 5 – NOVEMBER 2, 2016**

Beginner, intermediate and any residency welcomed. Additional supply needed would be a wide permanent Sharpie pen, besides usual watercolor supplies. Class size limited **Cost: \$55 pp**

### A SERIES OF SIX LECTURES AND ACTIVE LISTENING

by Dr. Franklin S. Miller  
Associate Professor of Music, *emeritus*  
**SEPTEMBER 1 ~ OCTOBER 6, 2016**  
**1:00PM ~ 3:00 PM**

**THE EARLY ROMANTIC GENERATION:**  
**CHOPIN (1810-1849) \* MENDELSSOHN (1809-1847)**  
**\*SCHUMANN (1810-1856)**  
**Cost: \$25 Resident \$30 Non-Resident**

### FLU SHOT CLINIC

**At the Cedarburg Senior Center**  
**Sept. 26, 2016 10:00 am ~ 12:00 pm**  
Provided by the Ozaukee Co. Health Dept.

Seniors should bring their Medicare card or Medicare Advantage card. Oz. Co. Health Dept. is able to bill Medicare Advantage plans directly. Those not on Medicare or Medicare Advantage will have a charge for the flu shot.



Bingo played at 12:45 pm at the Cedarburg Senior Center on Mondays  
Sept. 19 & Oct. 3, 17



**Oct. 31 ~ Halloween Jackpot Bingo**

**PLAY BRIDGE, SHEEPSHEAD & POOL**  
Sheepshead, Dominoes and Bridge are played weekly at the Senior Center. Check the enclosed calendar for exact days and times. Pool table available Mon—Fri. Call the Senior Center for details.

### Toe Nail Trimmers Foot Clinic

**Thursdays, Sept. 1, 15 & Oct. 6, 20**  
at the Cedarburg Senior Center, from 9a.m. to 2p.m. Sign up at the Cedarburg Senior Center by calling 375-7644. Each appointment consists of foot massage and thorough foot assessment plus the toe nail trimming. **The cost is \$27 for a 30 minute session**

### DANCING WITH DONNA

**3rd WEDNESDAY of the month ~ 10:30-11:30 a.m.**  
Learn basic steps of ballroom dancing; Box Step, Fox Trot, Waltz at the Cedarburg Senior Center. All are welcome to come to dance. Instructor, Donna Eigel.



### INVEST IN THE FUTURE OF THE CEDARBURG SENIOR CENTER

Invest in recreation, leisure, and educational programs for Cedarburg area older adults. Make a yearly financial contribution to the Cedarburg Senior Center and invest in the future of older adult programs and van service. Do you attend weekly programs, play bingo or travel with the Cedarburg Senior Center? Donate \$10, \$15 or more to the Cedarburg Senior Center and become an investor.

**Thank you to those who have already made a financial contribution to the Cedarburg Senior Center.**

### CHRISTMAS CARD MAKING CLASS

**FRIDAY ~ OCTOBER 21 1—3 PM**  
The best gift to give to someone at Christmas is one that you made. Plan to attend a Christmas Card Class directed by Delores Wrathall. Attendees will create three Christmas cards. Delores will be happy to offer her calligraphy expertise for you. All supplies included. Cost \$8

**ANNUAL TURKEY DINNER**  
**SUNDAY, NOVEMBER 20, 2016 ~ 4:30pm**  
**Tickets on sale beginning Oct. 1.**



### CEDARBURG DINING CENTER

Have lunch with us Monday ~Friday. Enjoy a delicious, nutritional meal, conversation and meet other older adults. This is not an income eligible program. Anyone 60 or older is welcome to join us. Make reservations by calling Debbi, Cedarburg meal site manager at 262-483-2876, before 11:30 a.m. the day before you plan to come. Serving at noon at the Cedarburg Senior Center. A donation of \$4.00 is suggested for the meal. **\*\* First time diners will receive one free lunch\*\***

### JOIN US FOR THESE UPCOMING EVENTS FREQUENT DINERS CARDS

**Sept.~ All Thursdays: Mexican Train**  
19 ~ Bingo  
23 ~ Sept. Birthday Party

**Oct.. ~ All Thursdays: Mexican Train**  
3 & 17~ Bingo  
14 ~ Oktoberfest  
21 ~ Oct. Birthday Party  
31 ~ Halloween Jackpot Bingo

**Receive a complimentary meal after 10 visits.**

### Transportation for Seniors

When non-emergency transportation is needed, leave the driving to our volunteer drivers. Van is available Monday-Friday 8 am to 4 pm. Call 375-7644, 24 hrs. in advance to schedule a ride.



### VOLUNTEERS Van Drivers NEEDED

Drive the Cedarburg Senior Van. Pick up Cedarburg residents and drive to their scheduled destination. Drivers needed Monday thru Friday 8 am to 12 pm and 12pm to 4 pm.

### FREE RIDES TO PIGGLY WIGGLY

Olsen's Piggly Wiggly provides funding to Cedarburg adults 55+ to ride the senior van to the Piggly Wiggly store on Mondays and Tuesdays at no cost to the rider. Call for a pick-up.

### SHOP BAYSHORE TOWNE CENTER

The Senior Van will pick you up at your Cedarburg home or the Senior Center at 12:30 pm. Return at 4 pm. Cost \$10.



**The Cedarburg Senior Center has a fully accessible platform lift at the entrance of the Senior Center. Those in a wheelchair or those unable to walk up the steps can use the lift to enter the Senior Center.**