

CEDARBURG Parks & Recreation

2011-2012 ACTIVITY GUIDE

FALL

WINTER

SPRING



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THE FUN THINGS TO DO!



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PARKS AND RECREATION DEPARTMENT OFFICE HOURS

8:30-11:30 A.M. and 12:30-4:30 P.M.
Monday through Friday

City Hall—Lower Level
W63 N645 Washington Ave.
P.O. Box 49
Cedarburg, WI 53012

TELEPHONE NUMBERS

Parks and Recreation
Office: 375-7611
Senior Center: 375-7644
Forestry: 375-7662

DEPARTMENT STAFF

Mikko Hilvo, CPRP
Director of Parks, Recreation, & Forestry
Kevin Westphal,
Superintendent of Parks & Forestry
Carol LaFontaine, CPRP
Senior Center Director
Sharon Possley,
Assistant Senior Center Director
Danny Friess,
Recreation Supervisor
Chris Robel,
Secretary

Web: www.ci.cedarburg.wi.us
City Departments, Parks & Recreation

MEMBERS OF

Southeast Park and Recreation Council
Wisconsin Park and Recreation Association
National Recreation and Park Association

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PROGRAM REGISTRATION INFORMATION

In fairness to all City, Town and Cedarburg School District residents, our recreation program registration procedure has been modified. Resident registrations will be accepted beginning Thursday, September 1. To avoid having to stand in long lines to register, mail-in and 24-hour drop box registration is encouraged for the first few days of registration.

All non-resident registrations will be accepted and processed beginning Thursday September 8.

Registration is ongoing until the classes fill or through the start of the program. Enrollment is limited for most programs. Be sure to list your second choice for a program. Some programs require a special registration form.

RESIDENCY:

RESIDENTS: Mail-in, drop box, and walk-in (in-person) registrations will be processed randomly beginning Thursday, September 1. All registrations received after September 1 will be processed on a first-come, first-served basis.

RESIDENCY: A resident is anyone residing in the City. Anyone living in the Town of Cedarburg or Cedarburg School District is considered a non-resident.

FACILITY RESERVATIONS:

The City of Cedarburg has park and recreation facilities which are available for rent. Contact the Parks and Recreation Department at 375-7611 for details on rental costs and reservation procedures.

REFUNDS:

A \$10.00 processing fee will be charged for refunds prior to the program start date. Once the program begins, no refunds are issued unless the program is cancelled by the department.

JOB OPENINGS

Basketball Officials, Scorekeepers, Lifeguards, Building Supervisors, Pool CS/Concessions.

We are also looking for Volunteers for our special events.

HOW TO REGISTER

STEP 1

Complete the registration form on the back page. Please fill out all information clearly. Be sure to list your second choice for a program if you prefer one. Note: some of the programs will have special registration forms available at a later date.

STEP 2

Make checks payable to:
CEDARBURG PARKS AND RECREATION DEPT.

STEP 3

MAIL-IN

Simply fill out the registration form and mail your check or money order to:

**Cedarburg Parks and Recreation Department
W63 N645 Washington Avenue
P O Box 49
Cedarburg, WI 53012**

DROP OFF

24-hour drop box is located outside the south entrance of City Hall. Place your registration form with payment in an envelope, addressed to Parks and Recreation Department.

WALK-IN

Registrations for winter activities will be accepted in person during office hours of 8:30 - 11:30 A.M. and 12:30 - 4:30 P.M. Monday through Friday, beginning Thursday, September 1.

STEP 4

CONFIRMATIONS

The Cedarburg Parks and Recreation Department will send a confirmation only if a registrant includes a self-addressed stamped envelope when registering by mail or drop box. If one is not enclosed, no confirmation will be sent. You will be contacted by phone only if classes are cancelled or filled. If you are not notified, assume your class will continue as scheduled and attend the first class.



YOUTH BASKETBALL INSTRUCTION

COED BASKETBALL 1ST GRADE

This program is for boys and girls to learn the game of basketball in a fun, non-competitive setting. Emphasis will be placed on learning basic skills. Enrollment is limited.

CLASS #3110-1

LOCATION: Thorson School Gym
DATES: December 3 - March 10
(No class Dec. 24 & 31 & Thorson Carnival date)
DAYS: Saturdays, 10:00 - 11:00 A.M.
FEE: \$55.00 Resident
 \$65.00 Non-Resident

CLASS #3110-2

LOCATION: Westlawn School Gym
DATES: December 3 - March 10
(No class Dec. 24 & 31 & Thorson Carnival date)
DAYS: Saturdays, 11:00 A.M. - 12:00 P.M.
FEE: \$55.00 Resident
 \$65.00 Non-Resident

BOYS BASKETBALL 2ND - 3RD GRADE

This program is for boys to learn the game of basketball in a fun, non-competitive setting. Emphasis will be placed on learning basic skills. Enrollment is limited.

CLASS #3112-1

LOCATION: Thorson School Gym
DATES: December 3 - March 10
(No class Dec. 24 & 31 & Thorson Carnival date)
DAYS: Saturdays, 9:00 - 10:00 A.M.
FEE: \$55.00 Resident
 \$65.00 Non-Resident

CLASS #3112-2

LOCATION: Thorson School Gym
DATES: December 3 - March 10
(No class Dec. 24 & 31 & Thorson Carnival date)
DAYS: Saturdays, 11:00 A.M. - 12:00 P.M.
FEE: \$55.00 Resident
 \$65.00 Non-Resident

CLASS #3112-3

LOCATION: Thorson School Gym
DATES: December 3 - March 10
(No class Dec. 24 & 31 & Thorson Carnival date)
DAYS: Saturdays, 12:30 P.M. - 1:30 P.M.
FEE: \$55.00 Resident
 \$65.00 Non-Resident



GIRLS BASKETBALL 2ND - 3RD GRADE

This program is for girls to learn the game of basketball in a fun, non-competitive setting. Emphasis will be placed on learning basic basketball skills. Enrollment is limited.

CLASS # 3111-1

LOCATION: Westlawn School Gym
DATES: December 3 - March 10
(No class Dec. 24 & 31 & Thorson Carnival date)
DAYS: Saturdays, 10:00 - 11:00 A.M.
FEE: \$55.00 Resident
 \$65.00 Non-Resident

GIRLS BASKETBALL 4TH - 5TH GRADE

This program is for girls to learn the game of basketball in a fun, non-competitive setting. Enrollment is limited.

CLASS #3113

LOCATION: Thorson School Gym
DATES: December 3 - March 10
(No class Dec. 24 & 31 & Thorson Carnival date)
DAYS: Saturdays 1:30 - 2:30pm
FEE: \$55.00 Resident/\$65.00 Non-Resident

YOUTH BASKETBALL LEAGUES

These leagues are designed to provide a positive team experience for youth. Players learn basic basketball skills and the concepts of teamwork and sportsmanship. **A separate, specific registration form is required for this program. The form will be available in the Department Office, on the City website and in Cedarburg Schools beginning Monday, September 26.** Registration deadline is October 28.
FEE: \$75.00 Resident

4TH & 5TH GRADES – COED LEAGUE

Practices: Begin at the end of November, during the week. Teams practice twice per week.
Games: At the Community Center Gym January - March on Fri. nights, Sat. & Sundays.

6TH, 7TH, 8TH GRADES - BOYS LEAGUE AND GIRLS LEAGUE

Practices: Begin at the end of November, during the week. Teams practice twice per week.
Games: At the Cedarburg High School Gym January - March on Saturdays & Sundays.

K4 SPORT SPECTACULAR

This non-competitive program for children 4 years of age will introduce a variety of sports including basketball, floor hockey, soccer and football. Low organized games are used to encourage sportsmanship and aide in the development of basic skills: running, jumping, catching, and throwing.

LOCATION: Thorson School Gym
CLASS: #3109-2
DATES: Saturdays Dec. 3 - March 10
(No Class Dec. 24 & 31 & Thorson Carnival date)

AGE: 4 years
TIME: 12:30pm - 1:30pm
FEE: \$55.00 Resident, \$65.00 Non-Resident

ADULT BASKETBALL LEAGUE

Team applications will be accepted starting September 12, 2011. Preference will be given to those teams that were in the league last season. Deadline for registration is October 14, 2011. Contact the Department Office for application information.

LOCATION: Webster School Gym
W75 N624 Wauwatosa Road
DAY: Wednesday evenings
DATES: Nov. 2 - Feb. 29 (no games on Dec. 28)
FEES: Team Entry Fee: \$750.00

ORGANIZATIONAL MEETING:

Wednesday, October 26, 2011

*If you are interested in officiating in the Adult Basketball league, please contact the Parks and Recreation Department for more information and an application. (262) 375-7611.

PICKLE-BALL

You will feel like a winner and a champion playing this exciting paddle game called Pickle-Ball. This mini-tennis game is played by 2 or 4 people on a badminton-sized court using wood paddle racquets and a plastic, poly baseball with holes. The Community Gym will be set up for 3 courts.

DATES: Sunday evenings September 25 – July 30 from 6:30 – 8:30 P.M.
Thursdays September 28 – July 26 from 2:00 – 3:30 P.M.
(dates and times are subject to change)

FEE: \$3.00 per time or purchase a 10 time punch card for \$27.50 which can be used in either Port Washington or Cedarburg.

ADULT NOON HOUR OPEN GYM

LOCATION: Community Center Gym
W63 N641 Washington Avenue
DAY: Fridays
DATES: September 9 - July 27 (Off August, Nov. 25, Dec. 2, Dec. 23, Dec. 30- subject to change)
TIMES: 12:00 P.M. - 1:30 P.M.
FEE: \$3.00 daily
Season Pass: \$70.00



2012 ADULT SOFTBALL LEAGUES

Men's, Women's, and Co-ed Church Leagues begin forming in February and March, 2012. Games are played from May through August at Behling Field. For more information, contact the Department at 375-7611

KINDER FALL SPORTS

Children ages 4 and 5 years will develop skills such as following rules, kicking, catching, throwing, and running in a variety of games and sports.

CLASS # 3108-1
AGE: 4-5 years
TIME: Saturdays, 9:00am - 10:00am
DATES: October 8, 15, 22, November 5, 12
LOCATION: Westlawn School
FEE: \$50.00 Resident, \$60.00 Non-Resident

1st AND 2nd GRADE FALL SPORTS

Children in grades 1 and 2 will develop skills such as following rules, kicking, catching, throwing, and running in a variety of games and sports.

CLASS # 3108-2
GRADES: 1 & 2
TIME: Saturdays, 10:00am - 11:00am
DATES: October 8, 15, 22, November 5, 12
LOCATION: Westlawn School
FEE: \$50.00 Resident, \$60.00 Non-Resident

K5 SPORT SPECTACULAR

This non-competitive program for children 5 years of age will introduce a variety of sports including basketball, floor hockey, soccer and football. Low organized games are used to encourage sportsmanship and aide in the development of basic skills: running, jumping, catching, and throwing.

CLASS # 3109-1
AGE: 5 years
TIME: Saturdays, 9:00am - 10:00am
DATES: Dec. 3 - March 10 (No Class Dec. 24 & 31, & Thorson Carnival date)
LOCATION: Westlawn School Gym
FEE: \$55.00 Resident, \$65.00 Non-Resident

ADULT VOLLEYBALL LEAGUES

Recreational, non-officiated leagues are available for men and women. Teams that played last season will be given preference in submitting a team application. Contact the Department for application information.

FEES: Team Entry Fee: \$250.00
APPLICATION DEADLINE: Friday, September 23, 2011

Men's League

LOCATION: Webster School Gym
W75 N624 Wauwatosa Road
DAY: Monday evenings
DATES: October 10 - March 26

Women's League

LOCATION: Community Center Gym
W63 N641 Washington Avenue
DAY: Monday evenings
DATES: October 10 - March 26



HI-LIFE FITNESS

Join us for a fun, energetic exercise class that will burn calories, build endurance, tone up your muscles, and reduce stress! This is a total body workout tailored to every fitness level. Class includes a warm-up, aerobic segment, upper and lower body strengthening through the use of free weights, stretch bands, and poles, ending with a cooldown and stretching. High and low levels are shown so you can work at your own pace. Enjoy the benefits of exercise while working out to a variety of energizing music. Bring free weights (1-5 lbs). **Register prior to the first class using the registration form in the booklet or in person at the Department Office.**



LOCATION: Community Center Gym
DATES: Class #2215 Sept. 6 - Oct. 21
 Class #2216 Oct. 31 - Dec. 20
 (No class 11/24, 11/25, 12/2)
 (No pm classes 12/1)
 Class #2219 Jan. 3 - Feb. 17
 Class #2220 Feb. 20 - April 6
 (No classes Feb. 21 & April 3)
 Class #2221 April 16 - June 1
 (No class May 28)

DAYS: Mondays, Wednesdays, Fridays
TIME: 8:00 - 9:00 A.M.
FEES: \$35.00 Resident
 \$40.00 Non-Resident

DAYS: Tuesdays and Thursdays
TIME: 8:00am - 9:00am,
 9:15am - 10:15am,
 or 5:30 - 6:30pm
FEES: \$30 Resident
 \$35 Non-Resident

Instructors: Sandie Kass,
 Sue Pipkorn, Janis Gralewski.



HOME SCHOOL ACTIVITIES



Home School Drama program

Children will experience the many facets of theater and develop acting skills by working on a mini-musical. The session will culminate in a performance for family and friends.



CLASS # 3105-2
AGES: 1st thru 5th grade
TIME: 1:30 - 2:30 P.M.
DATES: Wednesdays, September 28 - December 7
 (no class October 26 & November 23)
FEE: \$45 City Resident
 \$55 Non-Resident
LOCATION: Community Center Gym

Home School Gym Class
 Children will explore many sports.

CLASS # 3105-1
AGES: 1st thru 5th grade
TIME: 1:30 - 2:30 P.M.
DATES: Tuesdays, September 27 - December 6
 (no class November 22)
FEE: \$45 City Resident
 \$55 Non-Resident
LOCATION: Community Center Gym



POLAR EXPRESS

Join us aboard the Polar Express for a Magical Journey to the North Pole on December 17, 2011. This is a joint program with the Cedarburg, Grafton and Port Washington Parks and Recreation Departments. This year our Journey will be to Port Washington. More information and tickets will be available in October.



REAL HEALTH AND FITNESS CLASSES

The Cedarburg Parks and Recreation Department has partnered with Real Health and Fitness in Downtown Cedarburg to offer additional classes for our residents.

Real Health and Fitness is committed to lifetime health and wellness. We offer an extensive variety of classes to meet your fitness needs. Please refer to our website www.getrealfit.com and click on "classes" to view the current monthly schedule. Be sure to click on the class name to view specific details for each class.

Real Health and Fitness, a SilverSneakers sanctioned facility, also offers the following trademark SilverSneaker classes:

- 1) SilverSneakers Muscular Strength and Range of Movement
- 2) SilverSneakers YogaStretch
- 3) SilverSneakers Cardio Circuit

SilverSneakers Classes are designed for those over 65 years of age.

These classes are also listed on the website class schedule.

TAF Punch Cards (Total Access Fitness):

- 10 visits including classes - \$80 (60 day expiration)
- 20 visits including classes - \$150 (120 day expiration)
- 30 visits including classes - \$185 (200 day expiration)

Gym Memberships: All classes are included with a gym membership

TRANSFORMATION BOOT CAMPS

Transformation Boot Camp is centered around positivity and fun. Our camps are NOT MILITARY-BASED. They are NOT COMPETITIONS. And they are NOT THREATENING. What you WILL EXPERIENCE each day is a motivating, challenging, metabolic-boosting workout that not only changes your body, but changes your beliefs and attitude when it comes to what you are capable of doing in LIFE.

WINTER SCHEDULE OF CLASSES

DAYS: Tuesdays, Wednesdays and Thursdays

TIME: 5:30 TO 6:30 A.M.

FEE: \$145 Returning Campers receive a 25% discount. Get a group of 4 others to join and your camp is FREE!

- October 24 – November 18, 2011
- November 28 – December 23, 2011
- January 10 – February 5, 2012
- February 13 – March 3, 2012
- March 12 – April 4, 2012

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TODDLER PLAYTIME

Toddlers (ages 6 & under), parents, grandparents and caregivers can make new friends and enjoy playing in a large open space in this drop in program. The unstructured, non-instructional setting in this open gym time gives kids a chance to run, jump, roll, dance, socialize, bounce balls or do whatever kids do to burn energy and beat boredom during the winter months. Please do not bring outside ride toys such as a bike, big wheel, scooter etc.

DAY: Mondays and Wednesdays
 DATES: October 10, 2010 – April 18, 2011 –subject to change
 (No class on 10/26, 10/31, 11/2, 11/23, 12/26, 12/28, 1/2, 2/20, 4/2)
 TIME: 9:30 – 11:00 A.M.
 LOCATION: Cedarburg Community Gym

PAY PER TIME: \$2.00 Resident – per child
 \$3.00 Non-Resident – per child

SEASON PASS: \$75.00 Resident – first child
 \$90.00 Non-Resident – first child
 \$5.00 for each additional child in the same family



LIFEGUARD CLASS – ages 15+

This American Red Cross class will certify you as a Lifeguard. Topics Covered: 1) Lifeguard Skills, 2) CPR 3) Use of an AED, 4) First Aid. Course Fees include a Lifeguard Book and a Rescue Mask.

*You must attend all classes in order to receive certification.

CLASS #3215

DAY: Saturday
 DATES: Feb. 25 - April 28 (No class 4/7 & 4/14)
 TIME: 1:00pm - 5:00pm
 LOCATION: Cedarburg High School Pool
 Instructor: TBA
 ENROLLMENT: min. 6, max. 12
 Register Before: February 17
 FEE: \$300

WATER FITNESS

Swimmers and non-swimmers can benefit from this vigorous, well-rounded fitness class that improves circulation, strength and flexibility without the impact of land aerobics. Times subject to change.

CLASS #3210

LOCATION: Cedarburg High School Pool
 DATES: Session 1: Sept. 28 - Dec. 19
 Monday and Wednesday
 Session 2: Jan. 9 – May 9
 Monday and Wednesday
 TIMES: 7:30 - 8:30 P.M.
 (no class 4/9 & 4/11)

FEES: \$4.00 per class
 12 Punch Card: \$44.00

DEEP WATER FITNESS

The deep water class will give your joints and bones even more of a rest while you work your muscles and get in an excellent cardiovascular workout. Times subject to change.

LOCATION: Cedarburg High School Pool
 DATES: September 28 - December 19:
 Mon. and Wed. (Non-Instructional)
 Jan. 9 - May 9: Mon. and Wed.
 (no class 4/9 & 4/11)

TIME: 7:30pm - 8:30pm
 FEES: \$4.00 per class or 12 Punch Card: \$44.00

LAP SWIMMING

Lap lanes available for adults and teens (13 years and older) that are accompanied by a parent. Times subject to change.

LOCATION: Cedarburg High School Pool

CLASS #3211

DATES:
 Session 1: Sept. 28 - Dec. 19
 Mon. and Wed.
 Session 2: Jan. 9 – May 9
 Mon. and Wed.
 (No Class 4/9, 4/11)
 Mon. and Wed.

FEES: \$4.00 per class
 12 Punch Card: \$44.00



SPECIAL EVENTS

**CITY OF
CEDARBURG
OFFICIAL
TRICK OR TREAT**
**Saturday,
October 29
2011**
5:00pm - 8:00pm



HALLOWEEN COSTUME PARTY & SHOW

(ages 2 - 12 Years)

Cedarburg's 5th annual costume party includes games, prizes, costume judging and entertainment. All children must be accompanied by a parent. A magician will perform from 7:00pm - 8:00pm after the costume party. Costume judging done between 6:15pm - 6:45pm. *Sponsored by Cedarburg Junior Woman's Club.



Day: Wednesday
Date: October 26
Time: 6:00 - 8:00pm
Location: Community Center Gym
Fee: FREE



5TH ANNUAL WINTER FESTIVAL SNO-BALL TOURNAMENT

Come and enjoy a Softball Tournament in the Snow. The playing field will not be plowed so whatever snow we have we will play on. Teams can be co-ed, all men, or all women. Winning team will receive a winners T-Shirt and bragging rights for the year. For more information please call the Cedarburg Recreation Department at (262) 375-7611.



**GLEE CLUB**

Children will learn basic choreography to a music medley. The last day will be a show for parents.

**CLASS # 3115-1**

AGES: 2nd thru 5th grade
TIME: 10:00 – 11:00 A.M.
DATES: Saturdays, December 3 – March 10
 (no class Dec. 24, 31 & Thorson Carnival)
FEE: \$55 Resident \$65 Non-Resident
LOCATION: Thorson School

JR. KID STARS

Children will experience the many facets of theatre and develop acting skills by playing drama games.

**CLASS # 3116-1**

AGES: K5 and 1st grade
TIME: 9:00 – 9:45 A.M.
DATES: Saturdays, December 3 – March 10
 (no class Dec. 24 & 31 & Thorson Carnival)
FEE: \$55 Resident \$65 Non-Resident
LOCATION: Thorson School

2ND ANNUAL WINE & HARVEST RIDE

DATE: September 17, 2011
TIME: 9:30 am
LOCATION: Cedar Creek Park

Fee includes entry in a drawing to win a \$850 Bike, Food at end of ride, T-shirt. For more information call Real fitness at 376-2680.

REGISTRATION: Pre-register at Real Health & Fitness

Sponsored by REAL Health & Fitness, and the Cedarburg Parks & Recreation Department



1ST ANNUAL POND HOCKEY TOURNAMENT JANUARY 28 & 29, 2012



Pond Hockey is a great way to play a game of hockey in a fun outdoor environment. It also provides a great event that brings the entire community together to enjoy the game of hockey. Tournament will be held at Boy Scout Park ice rink.

DIVISIONS: Squirt (ages 9 & 10)
 PeeWee (ages 11 & 12)
 Bantam (ages 13 & 14)
 High School
 Adult (18 & over)
FEE: \$100 per team (guaranteed 3 teams)

Registration will start October 3, 2011 deadline is January 13, 2012.

OZAUKEE SPECIAL OLYMPICS

A year round program that provides athletic training and sports competition for individuals with development disabilities. Open to athletes 8 years and older. Athletes participate in volleyball and basketball. For further information contact Pat Armbruster at 375-2651.

LOCATION: Community Center Gym
DATES: September - March
TIME: Tuesday evening
 6:45 - 8:15 pm

ALSO-YOUNG ATHLETES:

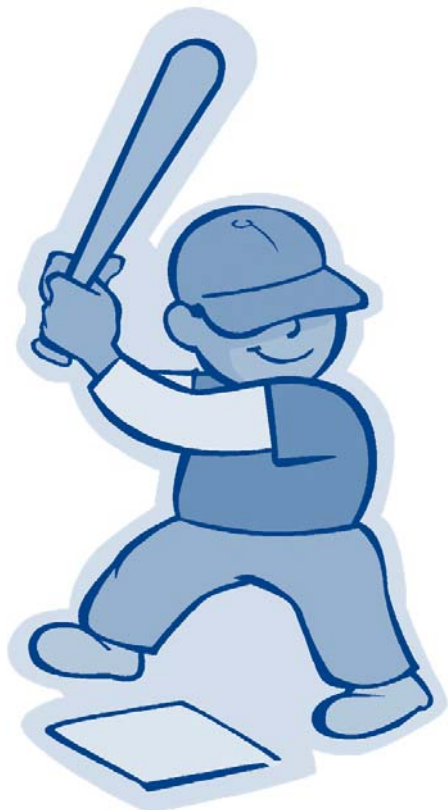
Saturdays in September and October 9:00am - 11:30am
 Ages 2-7, with and without disabilities. For further information contact Susan Waldkirch at 377-7238.

CEDARBURG YOUTH CENTER

Cedarburg Community Center Gym
 W63 N641 Washington Ave.

The Cedarburg Youth Center (CYC) is open Monday and Wednesday afternoons October 10 through March 21. CYC hours will be from 3:00pm to 5:00 pm Activities include open gym, air hockey, ping-pong, pool, foosball, video games (Wii) and concessions. The CYC is open to all students in grades 5th - 8th who reside in the Cedarburg School District.

This is a "drop-in" program with a \$2.00 fee per day payable upon entry. For further information contact the Parks and Recreation Department at 375-7611.



2012 YOUTH T-BALL/HARDBALL/ SOFTBALL LEAGUES

Registration forms will be available in Cedarburg Schools and on the City website after January 16, 2012. This program is open to children living in the Cedarburg School District currently in K through 8th grade. Child must be 5 prior to June 1, 2012 to participate.

CEDARBURG SELECT BASEBALL

CONTACT: Jeff Gylland, 262-424-8936

Juniors: 3rd, 4th, 5th, 6th grades
Adlai Horn Park diamond

Seniors: 7th and 8th grades
Cedarburg High School diamond

*Tryouts are: Sept. 10; 11A.M.-1 P.M. 3rd grade; 1P.M.-3 P.M. 4th grade
Sept. 11; 11A.M.-1 P.M. 5th grade; 1P.M.-3 P.M. 6th grade

GIRLS FASTPITCH

CONTACT: Terry Wagner 377-6212 e-mail: tlw5792@msn.com



2011-2012 Ozaukee Youth Hockey

It's More Than a Game

- For boys & girls grades 3k - 9th
- Season runs September - March.
- Co-ed & Girls teams.
- Teams divided by age & skill level.
- No hockey experience needed.



For more information:

Call Robyn Slater

h- 262-240-0494 c-414-238-5878

email: robyn.slater@gmail.com

OZAUKEE ICE CENTER
5505 W. Pioneer Rd.
Mequon, WI 53097
www.OzaukeeHockey.com

OHYA is a 501 (c) (3) non-profit organization

OLDER ADULT ACTIVITIES

WEEKLY EVENTS AND CLASSES

Bingo

1st and 3rd Monday of each month
12:45 PM - 2:30 PM

Book Chat

1st, 2nd, and 4th Friday at 1:15 PM

Bridge, 500

Tuesdays, 1:00 PM

Chorus

Mondays, 12:30 PM

Chicken Foot & Mexican Train

Thursdays 12:45 PM

Dancing With The Seniors

Wednesdays 10:30 - 11:30 AM

Exercise - "Keep Movin"

Tuesdays and Thursdays
10:30 - 11:30 AM

September 6 - May 31, 2012

Open Studio for Painters

Wednesdays, 1:00 PM

Play Pool

Call for days/times availability

Sheepshead

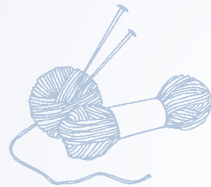
Thursdays, 7:00 - 10:00 PM

Teddy Bear Class

Fridays 9:00 - 11:00 AM

Ewesful Knitters

Meet the 1st Monday of each month, 6:30 PM - 8:30 PM
Knit, share ideas and skills. Instruction and demonstration at each meeting. Beginners to experienced knitters welcome.



WATERCOLOR WORKSHOP WITH CHRIS JUETTER

Tuesdays, October 11 - November 29, 2011

1:00 p.m ~ 3:15 p.m.

8 week class - Cost: \$50.00 residents /\$56.00 non-residents
Join watercolor students, beginning to advanced to explore various approaches to handling the medium. We'll splash, spatter and create paintings, loosen up and have a ball. Classes held at the Cedarburg Senior Center. Call 375-7644 to register.

FLU SHOTS ~ SEPTEMBER 26, 2011 CEDARBURG SENIOR CENTER

10 AM - Noon

Provided by the Ozaukee County Health Department
Seniors should bring their Medicare cards.

CEDARBURG SENIOR CENTER CHORUS

Adults 55 years and older who enjoy music and are interested in singing with a group and entertaining others are invited to join the Cedarburg Senior Center Singers. The group meets on Mondays at 12:30 P.M.

THE CEDARBURG SENIOR CENTER

The Cedarburg Senior Center, located in the Lincoln Building, W63 N643 Washington Avenue, is open Monday through Friday, 9:00 A.M. to 4:00 P.M. All persons 55 and older are welcome. Lounge area, games, cards and pool table are available. Registration is necessary for most programs. Call 375-7644 for more information on these programs and other services sponsored by the Senior Center. Monthly newsletter available at the Senior Center or through the mail.

CEDARBURG SENIOR CENTER'S 21st ANNUAL TURKEY DINNER

Hosted by Fred Beyer and Family
SUNDAY, NOVEMBER 20 - 4:30 P.M.

Since 1991, Fred Beyer has hosted a turkey feast for Cedarburg area older adults. Seniors are invited to join Fred, his family and a multitude of volunteers as they host this year's event. The event will include a full roast turkey dinner complete with the trimmings plus entertainment. Tickets will be on sale beginning Oct. 1 at the Cedarburg Senior Center. Admission is by ticket only.

SENIOR CENTER NEWSLETTER "THE LINCOLN ADDRESS"

Special events, programs, speakers, and tours are advertised bi-monthly in the newsletter available at the Center or through the mail at \$8.00 per year.

TAI CHI CLASS SCHEDULE SEPTEMBER 15 - OCTOBER 20

Tai Chi is a moving form of Yoga and meditation combined. The value of Tai Chi lies in its emphasis on total body integration and developing internal strength, relaxation and coordination. Tai Chi is a gentle exercise, consisting of slow, rhythmic, fluid movements. The movements of this gentle exercise are adjustable to fit the health and strength level of each individual. Hans Klijnsmit, will lead the sessions in the Cedarburg Community Center Gym. 6 week class.

Thursdays from 12:00 - 1:00 PM Cost: \$35 PER SESSION

THE COFFEE'S ON ME

Wednesday, September 7, October 5,
November 2, and December 7, 2011

10:30 a.m.

First Wednesday of each month a different featured speaker and presenter will be at the Cedarburg Senior Center for an informative program presented by Greg Michaels, Investment Representative. No fee, program sponsored by Greg Michaels.





OLDER ADULT ACTIVITIES

SHAKESPEARE MUSICALIZED A SERIES OF SIX LECTURES

by Corliss Phillabaum Emeritus Professor of Theatre

Cedarburg Senior Center

Wednesdays 1 pm - 3 pm

SEPTEMBER 7-OCTOBER 12, 2011

The course will look at a number of operas based on Shakespeare's plays--and even a couple of Broadway musicals. The course will include selections from operas and musicals based on Hamlet, A Midsummer Night's Dream, Othello, The Tempest, Macbeth and The Merry Wives of Windsor. Videos shown comparing a scene from a play with one or more corresponding musical versions.

Cost: \$25 Resident

\$30 Non-Resident

Call the Cedarburg Senior Center at 262-375-7644 to register



CHINA LIFESTYLES and ISSUES

presented by Jim & Katie Gennrich of Thiensville

The Gennrichs taught international business at Universities in China for five years. The two session class topics are:

"Lifestyles in China"-Oct. 17- 1-2:15pm

A look at the Chinese people; their homes, cuisine, shopping, high-speed rail, and leisure.

"Issues with China"-Oct. 24 - 1-2:15pm

Jobs, human rights and democracy from Chinese and US points of view. Cost for the entire session:

\$8 residents/investors \$12 non-residents.

TOE NAIL TRIMMERS, LLC

First and Third Thursday of each month;

Sept. 1 & 15, Oct. 6 & 20, Nov. 3 & 17

at the Cedarburg Senior Center, from 9 a.m. to 2 p.m.

Sign up at the Cedarburg Senior Center by calling 375-7644. The cost is \$25 for a 30 minute session

Convenient on site care includes; * Toenail trim * Foot and toenail assessment/recommendation to podiatry care as necessary. There will be a privacy screen provided. **Appointments are required.**

AARP DRIVER SAFETY CLASS

Wednesday, October 19, 2011 12:30 p.m. - 4:30 p.m.

Cost: \$14 (AARP member \$12)-Checks made payable to AARP The AARP Driver Safety Program is the nation's first and largest refresher course for drivers 50 and older. You will tune up your driving skills and update your knowledge of the road. Learn about normal age-related physical changes and how to adjust your driving to allow for these changes. Drive more safely; reduce your traffic violations, crashes and chances for injuries. Auto insurance companies in most states provide a multiyear discount to AARP graduates!

A SERIES OF SIX LECTURES/ DEMONSTRATIONS

Dr. Franklin S. Miller

Associate Professor of Music, emeritus

OCTOBER 13 - NOVEMBER 17, 2011

Thursdays 1 pm - 3 pm

THE EARLY ROMANTIC GENERATION: FRYDERIK FRANCOIS CHOPIN (1810-1849)

FELIX MENDELSSOHN (1809-1847)

ROBERT SCHUMANN (1810-1856)

The early 19th century saw the rapid development of new musical forms, the beginnings of the public concert, the rise of virtuosity and the independent musician and the philosophy of individual expression in the arts. We shall examine the music of these composers and hear excerpts from their piano, orchestral and chamber music.

Cost: \$25 Resident \$30 Non-Resident

Call the Cedarburg Senior Center at 262-375-7644 to register



DANCING WITH THE SENIORS WEDNESDAYS 10:30 - 11:30 AM

At the Cedarburg Senior Center. Learn basic steps of ballroom dancing; Box Step, Fox Trot, Waltz, Latin Beat, Tango.

Instructor, Donna Eigel has taught dance at Arthur Murray Studio. **Free - Great exercise!**

NINTENDO Wii BOWLING

Monday, September 12, 26; October 10, 24

November 14, 28; December 12, 2011

Cedarburg Senior Center 1:00 PM NO FEE

Video bowling that is fun to play right here on alternate Mondays at the Cedarburg Senior Center. Playing this new interactive, virtual video game can improve range of motion, balance and maybe help your bowling score. Join other adults 55+ NO EXPERIENCE NECESSARY.



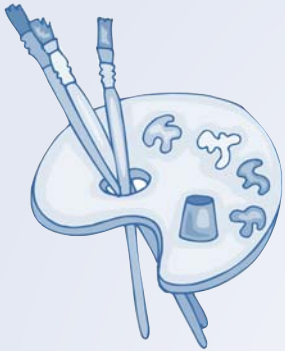
OLDER ADULT ACTIVITIES – SPECIAL ACTIVITIES

HOLIDAY CRAFT & GIFT SALE

Thursday, December 1 12:00 P.M. – 5:00 P.M.
 Friday, December 2 10:00 A.M. – 5:00 P.M.
 Saturday, December 3 10:00 A.M. – 4:00 P.M.
 Call 375-7644 for information.

12TH ANNUAL ART SHOW FOR SENIOR ARTISTS

Open to any artist in the Cedarburg Area, age 55 and older. Artists can bring up to three pieces of two-dimensional original artwork, any media. Space will determine if all pieces will be hung. All artwork must be of original design, not created from kits. All artwork must be display ready, framed with sturdy hangers, hooks or wires. There is no fee to enter the show. Applications will be available after February 6, 2012.



The Cedarburg Senior Center provides a unique venue for local senior artists & senior quilters to display and sell their work year round. It features a variety of quilts and artwork all made by area older adults.

TRANSPORTATION FOR SENIORS

Driving can often become a problem for the best of drivers. When non-emergency transportation is needed, use the Cedarburg Senior Center Van Service; leave the driving to our volunteer drivers. The van is available Monday-Friday 8 am to 4 pm. Call 375-7644, 24 hours in advance to schedule a ride.

SHOPPING AT BAY SHORE TOWNE CENTER

Monthly

Take the Cedarburg Senior Van to Bay Shore Towne Center in Glendale for an afternoon of shopping. Cost is \$10 per person round trip. The van will pick Cedarburg residents up at home at 12:00 PM. Pick up at Bay Shore is 3:00 PM. Space is limited. Call 375-7644 for dates and to reserve a space.



OKTOBERFEST

PARTY & NOON LUNCH Wednesday, October 3

Musical entertainment by Kathleen Jacoby on the accordion playing your favorite polkas and more. Oktoberfest isn't just for Germans, we invite everyone to enjoy the fun just like in the old country. There will be music, contests, German theme meal and root beer floats. Reservations are necessary.

FIRESIDE TOURS 2012

February 8 ~ VIVA VEGAS
 March 14 ~ 9 TO 5: THE MUSICAL
 May 10 ~ LEGALLY BLONDE: THE MUSICAL
 July 12 ~ THE ROCK & THE RABBI
 December 12 ~ SCROOGE: THE MUSICAL
(Cost and departure times to be determined)

- 2012 EXTENDED TOUR - Emerald Coast Getaway * Destin Florida April 20 - 27, 2012

Spend 3 fabulous nights in Destin Florida's amazing Emerald Coast. Visit President Jimmy Carter's Presidential Library and Museum, stop in the National Historic Site of Plains, Georgia, home town of Jimmy Carter. Visit Destin History and Fishing Museum, tour the Air Force Armament Museum with its extensive collection of weaponry and see the SR-71 Blackbird, the fastest plane ever built. Cast off on a dolphin cruise, cruise through four and a half acres of lush gardens aboard the Delta Flatboat and much more. 9 meals included (4 dinners, 5 breakfasts) and \$40 in Mayflower

Money: Twin: \$1,099 pp - Single \$1,648 pp - Triple \$ 1,085 pp

More Tours For 2012 Will Be Announced At The 2012 Travel Show

THE CEDARBURG DINING CENTER

You are invited Monday ~ Friday to have lunch with us. Enjoy a delicious, nutritional meal, conversation and meet other older adults. This is not an income eligible program. Anyone who is 60 or older is welcome to join us. Make reservations by calling Debbi, Cedarburg mealsite manager at 483-2876 before 11:30 a.m. the day before you plan to come.

JOIN US FOR WEEKLY EVENTS

Serving at 12:00 at the Cedarburg Senior Center, W63 N643 Washington Ave.

*** First time diners will receive one free lunch***

MEGA RUMMAGE SALE CEDARBURG SENIOR CENTER

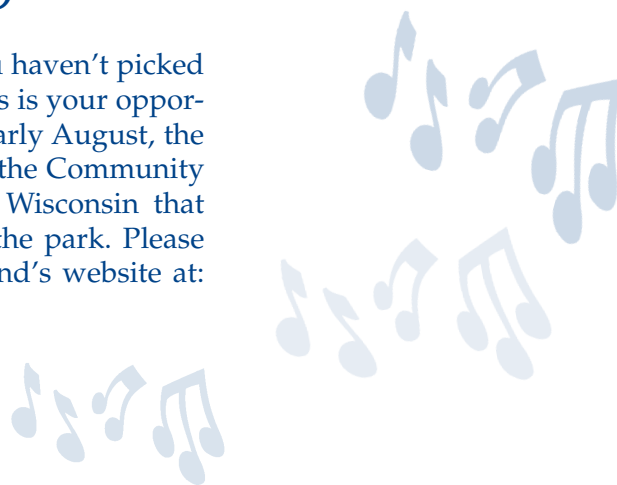
SATURDAY, FEBRUARY 25, 2012 9:00 A.M. – 3:00 P.M.
 Contact the Senior Center at 375-7644 to reserve a space to sell your rummage.



CEDARBURG CIVIC BAND

High school students and adults are welcome to join us. You haven't picked up your musical instrument in a long time. No problem. This is your opportunity to play with community members. From May until early August, the band rehearses on Tuesday evenings on the second floor of the Community Gym. Cedarburg is one of the few community bands in Wisconsin that marches in parades in addition to performing concerts in the park. Please join us in Spring. For other information please visit the band's website at: www.ci.cedarburg.wi.us

City Departments; Parks and Recreation; Civic Band



SUMMER PARK RENTALS

Summer park rental information is available for pick up at the Cedarburg Parks and Recreation Office in the lower level of City Hall. Reservations for summer 2012 are accepted the first business day in January.

For additional information please visit our website at: www.ci.cedarburg.wi.us,
City Departments, Parks & Recreation.

COMMUNITY ORGANIZATION DIRECTORY

PLEASE NOTE: The Cedarburg Parks & Recreation Department does not administer nor does it directly sponsor any of the following programs. This information is given for public reference.

Please contact respective program providers for information.

American Legion

377-9987

Cedarburg Basketball Club

www.cedarburgbasketball.com

Cedarburg Colts

Pat Moore 377-6542

Cedarburg/Grafton Rotary

www.cedarburggraftonrotary.com

Cedarburg Lions Club

www.cedarburglionsclub.org

Cedarburg 5-corners Lions Club

375-4228

Cedarburg Mat Dogs Wrestling

Marcus Belschner 353-6455

Cedarburg Select Baseball

Jeff Gylland 262-424-8936

Cedarburg Soccer Club

www.northshoreunited.org

Cedarburg Woman's Club

www.cedarburgwomensclub.org

Chamber - Cedarburg

377-5856

Civic Band

www.ci.cedarburg.wi.us

Cultural Center

375-3676

Festivals

377-3891

Girls Select Fastpitch

Terry Wagner 377-6212

Junior Woman's Club

www.cedarburgjuniors.org

School District

376-6100

Senior Chorus

Senior Center 375-7644

Ozaukee Ice Center

375-6851

Visitor Center - Cedarburg

377-9620

Volunteer Center of Oz. Co.

377-1616

*If your organization is interested in being in this directory please call the Recreation office at (262) 375-7611.



FALL/WINTER/SPRING REGISTRATION

Parent's Name: _____

Address: _____

Home Phone: _____ Work phone & Name of person to contact: _____

Email Address: _____

Reside in: City of Cedarburg Town of Cedarburg School District Non-Resident

Participant's Name	Sex	Age	Grade	Birth Date	Program Name	Class #	Fee
FOR OFFICE USE: CHECK _____ CASH _____ DATE _____							TOTAL:

Return completed form with payment to: Cedarburg Parks and Recreation Department, P.O. Box 49, Cedarburg, WI 53012

FALL/WINTER/SPRING REGISTRATION

Parent's Name: _____

Address: _____

Home Phone: _____ Work phone & Name of person to contact: _____

Email Address: _____

Reside in: City of Cedarburg Town of Cedarburg School District Non-Resident

Participant's Name	Sex	Age	Grade	Birth Date	Program Name	Class #	Fee
FOR OFFICE USE: CHECK _____ CASH _____ DATE _____							TOTAL:

Return completed form with payment to: Cedarburg Parks and Recreation Department, P.O. Box 49, Cedarburg, WI 53012

Average Weight Loss 31lbs!

**REAL
HEALTH & FITNESS
CENTER**

Have Fun, Lose Weight!

Cedarburg Festivals



June 23-24, 2012



September 15-16, 2012



October 8-9, 2011



February 4-5, 2012

**Interested In Volunteering?
It's easy, call 262-377-3891 today!**

COMMUNITY EVENTS

SEPTEMBER

- 4 Maxwell Street Days
9 Friday Noon Adult Open Gym Starts
17-18 Wine & Harvest Fest
25 Sunday Night Pickleball Sarts

OCTOBER

- 2 Maxwell Street Days
8-9 German Fest
15 Cedarburg Light & Water Energy Fair
23-29 Gothic History Tours
26 Halloween Party

NOVEMBER

- 18-19 Junior Woman's Festival of Trees
18- Dec. 16 Festive Friday Eves
28 Tree Lighting & Tuba Christmas

DECEMBER

- 1-3 Senior Center Holiday Craft & Gift Sale
2-3 Holiday Art Fair
2-4 Winter Garden Holiday Show
2-4 Christmas In The Country
17 Polar Express

JANUARY

- 16 Youth Baseball Registration Starts
28 Hockey Tournament

FEBRUARY

- 4-5 Winter Festival
21 Election
25 Senior Center Mega Rummage Sale

APRIL

- 3 Election

Cedarburg Parks & Recreation
W63 N645 Washington Ave • P O Box 49 • Cedarburg, WI 53012
www.ci.cedarburg.wi.us

Special Thanks To Our Booklet Sponsors:

- Badger Optical Of Grafton
- Brain Balance
- Cedarburg Chiropractic
- Cedarburg Festivals Committee
- Dr. Kurt Kwiatkowski, DDS
- Landmark Publishing, Inc.
- Real Health & Fitness